

Colonoscopy

EZ2go Split-Dose Instructions



Procedure date: _____ Check-in time: _____ Procedure Time: _____

Special instructions:

To ensure a successful exam, please follow all instructions on this sheet carefully. Failure to do so could result in your procedure being postponed or canceled.

If you are or may be pregnant, please discuss the risks and benefits of this procedure with your physician.

Diabetic patients:

Day prior to procedure:

- Consume your calorie allowance in clear liquids.
- If you take insulin (pills or injection) take ½ dose the night before your procedure.

Day of procedure:

- Do not take any diabetic medication the morning of our procedure.
- Bring your medication with you to procedure.
- You may take your medication following your procedure, after you have eaten.

Transportation:

- Please make arrangements to have someone drive you to and from the designated location for your procedure.
- **You will not be allowed to use any form of public transportation following your procedure, which includes:** Taxi, Bus, Ride-share service, Uber, Lyft and the like.
- You will be under sedation during your procedure and will be unable to work, drive or operate heavy machinery the day of your procedure.

Cancellation:

A \$100 charge will be assessed to your account if cancellation is not received 48 hours prior to day of procedure.

Prior to procedure:

Please read the entire instruction sheet NOW and again, at least 1 week prior to your procedure!

IMPORTANT! – follow our directions – not the directions on the packaging of the individual products!

Please follow the instructions below. If you have any questions, please contact our office several days prior to your procedure.

PURCHASE the following: EZ2go Laxatives (available at your physician's office) which includes: EZ2go prep and bisacodyl tablets (4 each of 5mg tablets). Also purchase 64 ounces of Gatorade (**no red or purple**) at the grocery store. Two 32 ounce bottles work best.

ON THE DAY PRIOR TO THE PROCEDURE: You may have **ONLY CLEAR LIQUID** the **ENTIRE DAY** before your procedure. You should consume at least 2 liters of fluid during the 5 hours prior to starting your preparation, and at least 6 liters over the entire day.

*** * NOTHING PURPLE OR RED * NO SOLID FOOD OR DAIRY PRODUCTS * ***

Clear liquids include: **Only** water, apple juice, white grape juice, coffee or tea (no milk or non-dairy products) sport drinks (Gatorade – not red or purple), jello (not red or purple).

The Day Before Your Exam: (ONLY clear liquids the entire day).

- 1 Thoroughly mix all the EZ2go PEG3350 with 64oz. Gatorade, (you will need to transfer this to a gallon container in order to mix both together).
- 2 At noon, the 4 bisacodyl tablets with with 8oz. of clear liquid.
- 3 Beginning at _____ a.m./p.m., drink 8oz. of the PEG3350/Gatorade mixture every 10 minutes until the 32oz. are completed (4 glasses-8oz. each).

If you are scheduled for an AM procedure; start your 2nd dose at _____ a.m./p.m., the night before, drink 8oz. of gatorade mixture every 10 minutes until 32oz. are completed (4-8oz. glasses).

or

If your procedure is scheduled for Noon or later, start your second dose no later than _____ a.m./p.m., the day of your colonoscopy drinking 8oz. of clear liquid, then drink 8oz. or EZ2go/Gatorade mixture every 10 minutes until 32oz. are completed (4-8oz. glasses).

You must be finished drinking your prep and all other clear liquids 5 hours prior to your procedure.



Your procedure will be conducted at the facility indicated below:

8155 E. 1st Ave
Denver, CO 80230