Colonoscopy

Magnesium Citrate Split-Dose Instructions

GI Alliance

Procedure date: _____ Check-in time: _____ GI physician: _____

Special instructions:

To ensure a successful exam, please follow all instructions on this sheet carefully. Failure to do so could result in your procedure being postponed or canceled.

If you are or may be pregnant, please discuss the risks and benefits of this procedure with your physician.

Diabetic patients:

Day prior to procedure:

- Consume your calorie allowance in clear liquids.
- If you take insulin (pills or injection) take ½ dose the night before your procedure.

Day of procedure:

- Do not take any diabetic medication the morning of our procedure.
- Bring your medication with you to procedure.
- You may take your medication following your procedure, after you have eaten.

Transportation:

- Please make arrangements to have someone drive you to and from the designated location for your procedure.
- **You will not be allowed to use any form of public transportation following your procedure, which includes:** Taxi, Bus, Ride-share service, Uber, Lyft and the like.
- You will be under sedation during your procedure and will be unable to work, drive or operate heavy machinery the day of your procedure.

Cancellation:

A $100 charge will be assessed to your account if cancellation is not received 48 hours prior to day of procedure.

Instructions:

Drink _____ Day 1

Drink _____ Day 2

TIPS:

Make sure Magnesium Citrate is cold. You can pour over ice or refrigerate.

Cherry flavored is ok if it is clear. Lime is also an option for you.

Dilute with ice.

OTHER: _____

Colorado Gastroenterology
powered by GI Alliance

Your procedure will be conducted at the facility indicated below:

8155 E. 1st Ave
Denver, CO 80230